

MARCH 2018

Henderson Collegiate Charter School

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: 5
Yogurt w/ Granola

Lunch:
Diced Chicken w/ Rice
Green Peas
Salad

Breakfast: 6
Cereal

Lunch:
Pizza
Corn
Salad

Breakfast: 7
Pancakes

Lunch:
Pasta w/ meat sauce
Carrots
Salad

Breakfast: 1
Super Donut

Lunch:
Ribeque
Sweet Potatoes
Salad

Breakfast: 2
Crunchmania

Lunch:
Turkey and Cheese Sandwich
Celery Sticks

Breakfast: 8
Super Donut

Lunch:
Fish Patty Sandwich (4-11)
Fish Sticks (K-1)
Pinto Beans
Salad

Breakfast: 9
Crunchmania

Lunch:
PB&J
Celery Sticks

Breakfast: 12
Yogurt w/ Granola

Lunch:
Crispy Chicken Sandwich
Lima Beans

Breakfast: 13
Cereal

Lunch:
Meatballs w/ Pasta
Broccoli
Salad

Breakfast: 14
Pancakes

Lunch:
Chicken Fajita
Kidney Beans
Salad

Breakfast: 15
Super Donut

Lunch:
Corn Dogs
Mixed Vegetables
Salad

Breakfast: 16
Crunchmania

Lunch:
Turkey and Cheese
Carrot Sticks

Breakfast: 19
Yogurt w/ Granola

Lunch:
Diced Chicken w/ Rice
Black Beans
Salad

Breakfast: 20
Cereal

Lunch:
Hamburger
Boiled Potatoes
Salad

Breakfast: 21
Pancakes

Lunch:
Fiesta Turkey w/ Tortilla Chips
Salad and Salsa

Breakfast: 22
Super Donut

Lunch:
Ribeque
Sweet Potatoes
Salad

Breakfast: 23
Crunchmania

Lunch:
Turkey and Cheese Sandwich
Celery Sticks

26
Spring Break

27
Spring Break

28
Spring Break

29
Spring Break

30
Spring Break

Additional Daily Menu Items:

- Salad: caesar, spring mix, or green. Except on early release days
- Milk: 1%, fat-free: regular, chocolate, or strawberry
- Fruit: banana, pear, apple or oranges.

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Questions, comments or concern? Contact Preston Jackson, RD at pjackson@hendersoncollegiate.org

