


# November 2024

Drinks: 1% white milk, skim chocolate milk, juice offered with breakfast, serving sizes dependent on grade level

## HENDERSON COLLEGIATE

3 Schools, 1 Mission: COLLEGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 B: Nutra Grain Bars, Fruit L: Deli Sandwich, PB&J, Celery, Carrots, Fruit	2 Weekend
Weekend 3	4 B: Choc. Muffin, Fruit L: Hot Dog/Bun, Cole Slaw, Carrots, Fruit	5 B: Cereal, Yogurt, Granola, Fruit L: Chicken Pattie Bun, Broccoli, Potato Salad, Fruit	6 B: Cinnamon Rolls, Fruit L: Pizza, Tossed Salad, Celery, Fruit	7 B: Blueberry Muffin, Fruit L: Cheeseburger, Hamburger (ES) Lettuce, Tomato, Carrots, Bun, Fruit	8 B: Super Donut, Fruit L: Deli Sandwich, PB&J, Cucumber Tomato, Fruit	9 Weekend
Weekend 10	11 Veterans Day Observed No School	12 B: Muffins, Fruit L: Corn Dog, Cole Slaw, Carrots Fruit	13 B: Nutra Grain Bars, Fruit L: Cheeseburger/Bun, Hamburger (ES), Tossed Salad, Celery, Fruit	14 B: Cinnamon Rolls, Fruit L: Chicken Pattie Bun, Lima Beans, Tossed Salad, Fruit	15 B: Pop Tarts, Fruit L: Deli Sandwich, PB&J, Broccoli, Carrots, Fruit	16 Weekend
Weekend 17	18 B: Choc. Muffin, Fruit L: Deli Sandwich, PB&J, Celery, Carrots, Fruit	19 B: Super Donut, Fruit L: Deli Sandwich, PB&J, Broccoli, Tomato, Fruit	20 B: Cereal, Yogurt, Granola, Fruit L: Deli Sandwich, PB&J, Tossed Salad, 3 Bean Salad, Fruit	21 B: Pop Tarts, Fruit L: Special HC Family Thanksgiving Meal	22 B: Cinnamon Rolls, Fruit L: Deli Sandwich, PB&J, Celery, Tomato, Fruit	23 Weekend
Weekend 24	25 B: Banana Muffin, Fruit L: Country Fried Steak/Bun, Tossed Salad, Potato Salad, Fruit	26 B: Pop Tarts, Fruit L: Deli Sandwich, PB&J, Celery, Carrots, Fruit	27 Thanksgiving Break No School	28 Thanksgiving Day No School 	29 Thanksgiving Break No School	30 Weekend

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