

December 2023

Drinks: 1% white milk, Skim Chocolate Milk, juice offered with breakfast, serving sizes dependent on grade level



HENDERSON
COLLEGIATE
3 Schools, 1 Mission: COLLEGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					¹ B: Cinnamon roll, fruit L: PBJ, Deli Sandwich, celery, Carrots, tomatoes, fruit	² Weekend No School
³ Weekend No School	⁴ B: Pop tarts, fruit L: Hotdog w/bun, coleslaw, carrots, 3 bean salad, fruit	⁵ B: Muffin, fruit L: Chicken patty/ bun, potato salad, celery, carrots, fruit	⁶ B: Super donut, fruit L: Riblet/bun, mixed salad, tomatoes, broccoli, fruit	⁷ B: Nutri- grain bar, fruit L: HS/MS pizza, ES chicken nuggets, mixed salad, carrot sticks, celery, fruit	⁸ B: Muffin, fruit L: PBJ, deli sandwich, celery, carrots, 3 bean salad, fruit	⁹ Weekend No School
¹⁰ Weekend No School	¹¹ B: Muffin, fruit L: PBJ, deli sandwiches, broccoli, tomatoes, carrots, fruit	¹² B: Cereal bars, fruit L: PBJ, deli sandwiches, 3 bean salad, carrots, celery, fruit	¹³ B: Nutri grain, fruit L: PBJ, deli sandwich, beets, broccoli, cucumbers, fruit	¹⁴ B: Cinnamon rolls, fruit L: PBJ, deli sandwich, tomatoes, celery, 3 bean salad, fruit	¹⁵ B: Pop tarts, fruit L: PBJ, deli sandwich, celery, carrots, beets, fruit	¹⁶ Break No School
¹⁷ Break No School	¹⁸ Break No School	¹⁹ Break No School	²⁰ Break No School	²¹ Break No school	²² Break No School	²³ Break No School
²⁴ Break No School	²⁵ Break No School	²⁶ Break No School	²⁷ Break No School	²⁸ Break No School	²⁹ Break No School	³⁰ Break No School
³¹ Break No School						

Henderson Collegiate is an equal opportunity employer. Meals are subject to change based on product availability. Check out our website for details. Questions? Contact jhetrick@hendersoncollegiate.org. In accordance with federal civil rights law and the USDA civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (to include gender identity and orientation), disability, age or reprisal or retaliation for prior civil rights activity. For more information, please contact the Nutrition Director Jeremy Hetrick at jhetrick@hendersoncollegiate.org.