

# March 2023



Drinks: 1% white milk, skim chocolate milk, juice offered w/breakfast, serving sizes dependent on grade level

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 B: Granola/Yogurt, Fruit L: Hot Dog, Cole Slaw, Cucumber, Tomato, fruit	2 B: Pop Tarts, fruit L: Chicken Sandwich, mixed green salad, tomatoes, fruit	3 B: Cereal Bowls, Fruit L: Un crustables, Carrots/Celery, crackers, cheese sticks, fruit	4 No School
5 No School	6 B: Super Donut, Fruit L: Cheeseburger, tomato, pickles, WG Chips, fruit	7 B: Turkey Sausage Biscuit, fruit L: Corn Dog's, Boiled Potatoes, Carrots, Fruit	8 B: Nutri-grain bar, Fruit L: Fish Sticks, coleslaw, carrots, fruit (HS cold lunch)	9 B: Granola/yogurt, fruit L: Pizza (MS), chicken, pasta (ES), celery, carrots, fruit (HS cold lunches)	10 No School Teacher Work Day	11 No School
12 No School	13 B: Muffin, fruit L: Beef and pasta, carrots, celery, fruit	14 B: Granola/Yogurt L: Hamburger, baked beans, lettuce, tomatoes, pickles, WG Chips, fruit	15 B: pop-tarts, fruit L: chicken sandwich, mixed green salad, carrots, fruit	16 B: nutri-grain bar, fruit L: Pizza (hs/ms), BBQ Riblet sandwich, coleslaw, celery, fruit	17 B: Super Donuts, fruit L: Deli sandwich, PB&J, tomatoes, carrots, crackers, cheese sticks, fruit	18 No School
19 No School	20 B: Cinnamon rolls, fruit L: Corndogs, celery, carrots, fruit	21 B: pop tarts, fruit L: fish sticks, coleslaw, carrots, fruit	22 B: Super Donuts, fruit L: Pizza (ms/hs), chicken sandwich es, mixed greens, tomatoes, fruit	23 B: Muffin, fruit L: Hamburger, corn, potatoes, fruit	24 B: nutria-grain bar, fruit L: PB&J, celery, carrots, crackers, cheese sticks, fruit	25 No School
26 No School	27 B: Granola/Yogurt, fruit L: Riblet sandwich, potato salad, green beans, fruit	28 B: Egg and Cheese Biscuit, fruit L: hamburger, pasta salad, tomatoes, fruit	29 B: cinnamon rolls, fruit L: Fish sticks, mixed green salad, cucumbers, fruit	30 B: pop tarts, fruit L: hot dog, coleslaw, carrots, fruit	31 B: Muffin, fruit L: PB&J, celery, carrots, cheese sticks, crackers, fruit	

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