

JUNE 2018

Henderson Collegiate Charter School

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: 4
Yogurt w/ Granola

Lunch:
Diced Chicken w/ Rice
Green Peas and Salad

Breakfast: 5
Cereal

Lunch:
Pizza
Corn and Salad

Breakfast: 6
Pancakes

Lunch:
Fiesta Nachos
Salsa and Salad (K-1)
Grab n Go (4-11)



Breakfast: 7
Super Donut

Lunch:
Fish Sticks
Pinto Beans and Salad (K-1)
Grab n Go (4-11)

Breakfast: 1
Crunchmania

Lunch:
Turkey and Cheese
Carrot Sticks

Breakfast: 8
Crunchmania

Lunch:
PB&J
Celery Sticks

Breakfast: 11
Yogurt w/ Granola

Lunch:
Crispy Chicken Sandwich
Lima Beans (K-1)
Grab n Go (4-11)

Breakfast: 12
Cereal

Lunch:
Meatballs w/ Pasta
Broccoli and Salad (K-1)
Grab n Go (4-11)

Breakfast: 13
Pancakes

Lunch:
Chicken Fajita
Kidney Beans and Salad

Breakfast: 14
Super Donut

Lunch:
Corn Dogs
Mixed Vegetables and Salad

Breakfast: 15
Crunchmania

Lunch:
Turkey and Cheese
Carrot Sticks

Breakfast: 18
Yogurt w/ Granola

Lunch:
PB&J
Carrot Sticks

Breakfast: 19
Cereal

Lunch:
Hamburger
Boiled Potatoes and Salad

Breakfast: 20
Pancakes

Lunch:
Fiesta Turkey w/ Tortilla Chips
Salad and Salsa

Breakfast: 21
Super Donut

Lunch:
Turkey and Cheese Sandwich
Celery Sticks

Breakfast: 22
Crunchmania

Lunch:
PB&J
Celery Sticks

Breakfast: 25
Yogurt w/ Granola

Lunch:
Turkey and Cheese Sandwich
Carrot Sticks

Breakfast: 26
Cereal

Lunch:
PB&J
Celery Sticks

Breakfast: 27
Crunchmania

Lunch:
Turkey and Cheese Sandwich
Carrot Sticks

28

29

Additional Daily Menu Items:

- Salad: caesar, spring mix, or green. Except on early release days
- Milk: 1%, fat-free: regular, chocolate, or strawberry
- Fruit: banana, pear, apple or oranges
- Grab n Go: PB&J, Turkey & Cheese w/ fruit & veggies

Questions, comments or concern? Contact Preston Jackson, RD at pjackson@hendersoncollegiate.org

USDA is an equal opportunity provider and employer